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2004



Mount Horeb Baptist Church
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THE UPDATE

NEWS & EVENTS

Vol. 26 No. 8 & 9

*Teach me good judgement and knowledge:
for I have believed thy commandments. Psalm 119:66*

Aug./Sep. 2004



HONOR ROLL STUDENTS



~~FROM THE CHURCH CLERK~~

TO OUR NEW MEMBERS: The Mount Horeb Baptist Church Family is always happy to welcome new family members into the Body of Christ. In the month of June, Brother Joseph George became a part of us after being baptized. Welcome Brother George!

TO OUR SICK AND SHUT-INS: There is no end to the wonders God can perform. Pastor Cooper and your Church Family pray that God look upon each of you in fellowship with mercy and tender understanding, and that His healing hand bring radiant health and healing as you rest and renew your strength for the coming day.

TO OUR VISITORS: A careless word may kindle strife, a cruel word may wreck a life, a timely word may lessen stress, a loving word may heal and bless. Pastor Cooper and the Mount Horeb Baptist Church Parishioners extend a warm welcome to you. You are invited to return to worship and fellowship with us as often as you like.

DEDICATION OF BABIES: "Babies are a treasure, a gift of love from above, here to enjoy and always to love." On Sunday, June 13, 2004, Pastor Cooper was pleased to present to the Lord in dedication, Baby Christian Clark, daughter of Sister LaChaundra Chaplin and Brother Dennis Clark.
Sister Joan Randolph
Church Clerk

*I have taught you the way of wisdom.
I have led you in the path of virtue.
When you walk, your steps will not falter,
And when you run, your feet will not stumble.
Keep hold of wisdom
And guard her, for she is life.*

Adapted from Proverbs 4:11-13

**CONGRATULATIONS
GRADUATES**



May your mind be enlightened by God's *wisdom*,
Your soul be enriched with His *goodness*,
Your life be touched by His *kindness*,
And your heart be blessed with His *love*.

AUGUST SUNDAY SCHOOL SUBJECTS

Sunday, AUGUST 1st - "Select Good Leaders"

Lesson Scripture - 1 Timothy 3:1-13; 5:17-19

Sunday, AUGUST 8th - "Be Ministers of Godliness"

Lesson Scripture - 1 Timothy 4:7-5:8

Sunday, AUGUST 15th - "Handle God's Word Rightly"

Lesson Scripture - 2 Timothy 2:1-15

Sunday, AUGUST 22nd - "Remain Faithful"

Lesson Scripture - 2 Timothy 3:1-5, 12-4:5

Sunday, AUGUST 29th - "Do Good Works"

Lesson Scripture - Titus 2:7, 8, 11-3:10

Deacon Wylie D. Powell, Superintendent

EDITORIAL

Which would you rather be, an egg or a potato? Hmmm. "What's behind this question," may be your first thought. A radio talk show host asked this question recently. He then explained as follows:

"On one hand, a potato is solid and relatively hard but when it gets into hot water, it doesn't take long for it to become soft. An egg, on the other hand, is fluid and somewhat soft. When the egg gets into hot water, after a while, it gets hard."

After the presenter compared the two items, he suggested that most of us, at one time or another get into hot water. He then postulated two theories:

- 1) The "egg" person is usually soft-spoken, friendly and easy-going. However, in times of stress or undue hardship, the soft shell may crack or break. If so, his reaction to stress may mean callous words, quickness to blame or reluctance to listen to another viewpoint.
- 2) The "potato" person may be a little rough around the edges and is quick to judge others. The skin may even be thick and bumpy. In hectic times, this person is sometimes insensitive, opinionated and argumentative initially, but will typically listen to reason.

As you can see, undue stress rarely brings out the best in either the egg or the potato person. If we judge characteristics of either object, when in hot water, by size, the egg may solidify faster than the potato will soften.

Do the performance of eggs and potatoes in hot water remind us of ourselves or people we know? Armed with a better understanding of how people respond when they are in "hot water" could help us in times of pressure. Maybe now we will be more aware of our actions/reactions and respond appropriately.

"Blessed are the peacemakers, for they shall be called sons of God." (Matthew 5:9)

Sister Bernice Perry Perkins
Editor

A FAITH THAT'S ALIVE

(James 2:14)

A faithful church member once said, "Brethren, whatever the good Lord tells me to do, that I'm going to do." If the Lord tells me that I must jump through a stone wall, I'm going to jump at it. Going through it belongs to God, jumping at it belongs to me. Doing something of that nature demands a lot of faith. It is this kind of faith that is alive and it is a faith that results in obedience to God's commands and God's will.

James and Paul talk about a faith that changes lives. It was faith that caused Paul to do things that he could not otherwise have done. For many, faith is only a word. Notice in James 2:14 that James does not imply that a man can have faith and no works. Instead, James raises a question: What is the profit if a person says he had faith but has no works?

James illustrates his own case in pointing to the tradition of alms giving. One was expected to give to the poor in those days. Simply giving lip service to the poor...left them just as poor. So it is true today. If one sees a brother starving, do the hunger pains go away on well wishing? Do nice remarks warm the body and shield the homeless from the bitter cold? NO! Real sympathy is felt and shown when it brings one to action. So it is with faith.

I John 3:18 tells us, "My little children, let us not love in word, neither in tongues; but in deed and in truth." The Bible is clear - if you do not come to God through Christ, you have not come to Him at all. Knowing about God will get you nowhere. James makes that clear. He points out that even the devil believes in God; surely he is not going to heaven!

John Calvin said, "Knowledge about God can no more connect man with God than sight of the Son can carry you into the heavens." People may believe in great doctrines, but their doctrines are meaningless until they come to a living faith in Jesus. This is a faith that surpasses words and deeds. It is a faith that surpasses importance with obedience.

James invites you and me to learn about living faith. Anyone who puts his trust in the words of faith and knowledge of faith alone is not wise. An authentic faith is one that works. Faith and deeds are not opposites; they are inseparable.

What kind of faith is yours? Evaluate yourself by James' principles by answering this question..."If you were put on trial for being a Christian, would there be enough evidence to convict you?" Look at the evidence. There will be enough only IF yours is a living faith.

PASTOR COOPER

TIMELESS WISDOM

"This Too Will Pass Away"

If I can endure for this minute
Whatever is happening to me,
No matter how heavy my heart is
Or how "dark" the moment may be---

If I can remain calm and quiet
With all my world crashing about me,
Secure in the knowledge God loves me
When everyone else seems to doubt me---

If I can but keep on believing
What I know in my heart to be true,
That "darkness will fade with the morning"
And that this will pass away, too---

Then nothing in life can defeat me
For as long as this knowledge remains
I can suffer whatever is happening
For I know God will break "all the chains"
That are binding me tight in "the Darkness"
And trying to fill me with fear---
For there is no night without dawning
And I know that "my morning" is near.

Helen Steiner Rice

Sister Dorothy Dines Davenport

DEACON'S REPORT

Our Financially Inactive Members List

Each quarter our Chairman, Deacon Boseman, gives all Deacons a listing of all financially inactive members. It then becomes the responsibility of each Deacon to contact the members whose names appear on this list. This is an awkward position for us, but it is one of our responsibilities.

When we call, we are first concerned about your well being and want to know if you are all right. We then ask you about your financial commitment to this branch of Zion.

Our church member's handbook (article 7) gives God's plan of church finance.

"Upon the first day of the week let every one of you lay by him in store, as God has prospered him" (1 Cor 16:2).

Our primary concern will always be leading others to Christ, but finance is also needed to further God's work. Continue to enjoy all of His benefits.

Deacon James L. Paschall
Reporter

CHRISTIAN SUMMER DAY CAMP

Our Christian Summer Day Camp is an ongoing program that takes place every July, and our camp is based on Godly principles and rooted and grounded in Christ. Children between the ages of five and thirteen years of age are able to attend the camp and activities are planned that are meant to enrich and stimulate them.

Each Summer for three weeks in July the children's day starts with daily devotions. In addition, most days field trips are scheduled and we do our best to make them exciting and memorable.



They have taken trips to: the Smithsonian Museum of African Art to participate in Playful Performances for Children; Natural History and American History Museums, National Gallery of Art, Botanical Gardens, Waterfront tour and boat ride (harbor police display), pontoon boat tour at the Bladensburg Waterfront Park to observe wildlife; National Aquarium, the Sculpture Garden, the WW II Memorial and Haines Point; the Publick Playhouse to see the Russian Circus and a trip to the public library for storytelling.



In addition, there are computer classes, talks, etiquette classes, arts and crafts, liturgical dance classes, movies, and trips for other recreation activities including skating, bowling and swimming. The children are provided with lunch and snacks each day. As you can see, the three weeks of Summer Camp are filled with activities. We are constantly looking for ways to enrich our children and in the process, we hope to leave them with some happy memories of their summer camp experience.

We are always looking for sponsors to enable more children to participate and to provide other trips for the children that otherwise may be cost prohibitive. Furthermore, we need adults to go on the field trips and share their resources and talents with our children. Any help you are willing to give the camp will be greatly appreciated.

Submitted by
Sister Tijuana Williams **Congratulations**

Graduates - Class of 2004!

You have gained knowledge but bear in mind understanding comes from above. We commend the Honor Roll students for their achievements and encourage them to keep up the good work. Don't hesitate to ask for assistance and pray for guidance in all you do. Have a blessed Summer. "Study to show thyself approved unto God..." (2 Timothy 2:15)

The UPDATE Staff

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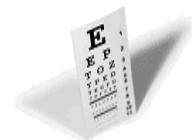
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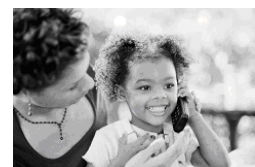
Sunday	7:30 a.m. and 10:30 a.m.....	Worship Services
	Fourth Sunday.....	Holy Communion
	9:00 a.m.	Sunday School
Tuesday	7:30 p.m.	Prayer Service
Wednesday	10:30 a.m.	Bible Study
	12 NOON	Prayer Service
Saturday	12 NOON	Youth & Adult Bible Study



August is Cataract Awareness Month

August is Cataract Awareness Month

September is Healthy Aging Month



Moving to the "Heartlands of Louisville, Kentucky"



Deacon Carwin Walker, affectionately known as "Big Guy," is moving to the Heartlands of Louisville, Kentucky. Deacon Walker came to this area in May 1971 from Carbondale, Illinois. He is married to Gloria Walker and they have one son, Byron. Deacon Walker visited Mount Horeb and was so impressed -- because service started on time, no passing of offering plates and the orderly manner in which communion was served - he decided to stay. He joined Mount Horeb when it was located at 16th Street.

He retired January 3, 2003 from General Services Administration (GSA) as a Building Manager after 35 years of service. He enjoyed his position as manager overseeing GSA acquired buildings in the DC metropolitan area.

A luncheon was held in his honor on June 26, 2004 at which he was "roasted" by Mount Horeb Church Family members, friends and guests. An appreciation plaque was presented to him and he also received many letters, cards and songs. A special rendition of "To God Be the Glory" was done by Brother David Powell as well as many youth who came forward expressing how he inspired them. There were an overwhelming number of friends who spoke so wonderfully about him and his deeds, especially those infamous and memorable "fishing trips."

He has served Mount Horeb as a Deacon, a Sunday School teacher and sang in many choirs. When asked to participate in any other capacity, he would simply say, "That's all right with me!" Deacon Walker is known for his greetings of: "Hey, what's up," a big hug or the "high five sign." If you were too short to reach his gentle hands, he would bend over to greet you.

He has been a very good friend, a mentor, a humanitarian, a spiritual leader and a man of God. His favorite passage is Matthew 6:33: "But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you." His favorite song is "Just Because He's God," and favorite past time is "fishing, fishing, fishing."

Pastor Cooper indicated, "Until you find a church in Kentucky, Mount Horeb will still be your church." Mount Horeb will truly miss your smile, gentleness and willingness to give wholly of yourself. Good luck Deacon Walker and may God continue to bless you in whatever endeavor you pursue.

Submitted by Sister Dorothy A. Hunter

NUTRITION SURVEY RESULTS

In May a Nutrition survey was conducted to determine member interest and the feasibility of conducting future nutrition classes. Twenty-five (25) survey forms were collected. Ten (10) respondents were not interested in attending nutrition classes. Fifteen (15) members were interested but mainly at different times, on different days of the week and in a variety of months.

11:00 a.m. - eight (8) - 3 Saturday, 2 Tuesday, 2 Monday or Thursday; 1 Thursday only; June is the common month desired.

1:00 p.m. - two (2) - (these 2 members gave 11:00 a.m. as an alternative); September is the common month desired.

2:00 & 3:00 p.m. - no one selected these times.

6:00 p.m. - four (4) - 4 Monday - September & October are the two common months; (2 of the 4 selected 7:00 p.m. as an alternative).

7:00 p.m. - five (5) - 4 Monday (includes 2 from the 6:00 p.m. group); - 1 Thursday; 3 of the 5 selected September & 3 selected October.

We thank those who participated in the survey. Based on the data above, a class will be scheduled to begin in September 2004 and will end in October. Classes will be held on Monday, beginning at 6:30 p.m. and ending at 7:30 p.m. Class dates will be announced in the Sunday Bulletin. At least 5 persons must register and attend each five-class series.

The survey is listed below:

1. I am interested in attending nutrition classes Yes No
2. I can attend a class at the following time(s); (Circle all that apply):
11 a.m. 1 p.m. 2 p.m. 3 p.m. 6 p.m. 7 p.m.
3. I can attend on the following day(s): (Circle all that apply)
Monday Tuesday Thursday
Friday Saturday
4. I can attend in the following month(s): (Circle all that apply)
September October November
April May June



Congratulations to the Graduates of 2004:

A Message: One Chapter Ends and Another Begins

It's truly a blessing to watch such a gifted and talented group of our young people excel and move to the next chapter in their lives. I'm sure there were times when things appeared difficult and the obstacles loomed large, but to God be the glory; there is nothing we cannot accomplish when we keep God in the forefront of our lives. As this chapter comes to an end, gird yourselves in God's truth, for your journey is not yet over. There is much left to do.

There will be new challenges and obstacles to face, many opportunities to explore and tough decisions to be made when your choices are few. During those times, don't be discouraged or dismayed, be mindful of what the Lord has already done. We serve a God that specializes in the impossible. We only need to have faith and believe that He is able to do exceedingly and abundantly above all that we ask or think, according to the power that worketh in us. God knows what we stand in need of before we can ask. I admonish you to continue to grow strong in the Lord and hold fast to His promises, for His word is true.

In the midst of confusion, don't forsake what you've been taught, for the foundation you are standing on is solid and sure. That solid foundation is Jesus Christ, the "Rock of our Salvation," our fortress and deliverer. He is a lamp unto our feet and a light unto our path. He is a way maker, when you think there is no way. He is a peacemaker, when all around you is in disarray. Trust in Him and don't hesitate to call upon His Holy Name no matter what the situation. Many of you will move on to an institution of higher learning and experience the wonders of college life. Some of you may choose the workforce. Whatever your choice, give God your best, because He gave us His best. To whom much is given, much is required.

Therefore, my Christian brothers and sisters, remember you are more than conquerors. Stand up for what and WHO you believe. Grow **strong in faith and continue** to study and allow yourself to be that vessel unto honor, sanctified for the Master's use. Finally, Paul's words, inspired by God, are quite fitting for this phase in your life. It reads:

"But continue thou in the things which thou hast learned and hast been assured of, knowing of whom thou hast learned them; and that from a child thou has known the Holy Scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus." (2 Timothy 3:14-15)

God Bless you and do well in Jesus' Name.

Deacon Johnathan T. Beckett, Sr.
Chairperson, The Young Peoples Council

POWER UP WITH JESUS

Given our theme this year, "JESUS HELPS YOU POWER UP," and our spiritual reference, "God is Able to Build You Up," Vacation Bible School 2004 (VBS) was both inspiring and energizing. Approximately one third of the 37 children enrolled had little or no prior affiliation with Mount Horeb Baptist Church, yet, they were in regular attendance and on time every day and had no problems making themselves at home. They fit right in. Focus: Accept one another

Realizing the benefits of exercising body, mind and spirit, each morning devotion began with wake-up calisthenics, a power thought for the day, an energizing prayer and a theme related scripture which the children were required to find in their Bibles and follow along with the devotion leader. Those too young to read or otherwise unfamiliar with the Bible were assisted by a teacher or older student. Focus: Love one another

This year, our Outreach Project, "Helping the Homeless," was very successful. The children donated \$45 to this mission. Necessary items such as toiletries, sanitary items, grooming aids and candies were purchased and packaged in individual care bags by children. Each bag also contained a card of inspiration with the child's name, age and a message of hope so that the recipient would know that someone cares and is praying for them. These bags will be presented to the Missionary Sandwich Brigade who will give them to those in need. Focus: Comfort and Serve one another

VBS concluded with a spirited action packed Olympics that unearthed many hidden talents in music, acrobatics, relay races and dance. The children were able to show off their talents as well as to release a lot of stored energy. They were most excited about performing for their parents, family and friends. We had a wonderful time sharing the gift of God's love.

On a personal note, I am always grateful for the opportunity to work with the Vacation Bible School volunteers who continue to serve every year with as much energy and commitment as the year before. God supplies our needs.

On behalf of the children, a special thank you to Sister Carolyn King, who provided each child with a gift bag loaded with goodies, at our closing program. The VBS staff and children also sent a special remembrance to Brother Winston Turner who, in the past, has been very generous and beneficial to the children at Mount Horeb.

On the Sunday prior to VBS, and at the Friday evening closing, three young ladies, all of whom attended VBS, accepted the invitation to Christian discipleship: Maya Campbell, Alexis Yelverton and Sametria Froneberger. Please keep these young girls in your prayers.

God bless you,
Sister Barbara A. Cook, Director VBS