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2005



**Mount Horeb Baptist Church**  
2914 Bladensburg Road N.E.  
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# THE UPDATE

NEWS & EVENTS

Vol. 27 No. 5

*O give thanks unto the Lord; for he is good:  
because his mercy endureth for ever. Psalm 118:1*

Oct/Nov 2005

## *Happy Thanksgiving*



## ~FROM THE CHURCH CLERK~

**TO OUR NEW MEMBERS:** We welcome into the Mount Horeb Baptist Church Family: Sisters Yvonne B. Reeves, Elizabeth Tutt, Shernita Tutt, Brothers Tevin L. Bethea (Youth), Christian A. Campbell (Youth), Carlton J. Edley (Youth) and John C. Proctor (Baptism)--Brothers Lewis Horton and Charles Hunter, Jr. (Restored). Your new Church Family welcomes you. May grace and peace be yours in abundance through knowledge of God and of Jesus our Lord (2 Peter 1:2).

**TO OUR SICK AND SHUT-INS:** Pastor Cooper and your Mount Horeb Baptist Church Family's thoughts and prayers are always with you. We pray that you will be renewed with strength, good health and healing. "Faith is truly God's great gift, trust in Him, the clouds will lift, turn to Him in daily prayer, tell Him every doubt and care."

**TO OUR VISITORS:** It's not the things that can be bought that are life's richest treasure. It's just the little heart gifts that money cannot measure. "A cheerful smile, a friendly word, a sympathetic nod are priceless little treasures from the storehouse of God. They are the things that can't be bought with silver or with gold, for thoughtfulness and kindness and love are never sold" (Helen Steiner Rice). Pastor Cooper and the Mount Horeb Baptist Church Family extend a warm welcome to all who are here to worship with us. You are invited to return to share in our service and fellowship with us as often as you like.

**FYI:** The Deacons, Trustees and the Advisory Council Chair will meet with the Official Board on Thursday, November 3, 2005 at 5:00 p.m. The Semi-Annual Church Meeting and Elections is scheduled for Saturday, November 19, 2005 at 10:00 a.m.

Sister Joan Randolph  
Church Clerk

## TIMELESS WISDOM

"Life without freedom is like a body without a soul"  
"Set a higher value on spontaneous kindness."  
"Only God knows your heart."  
"Consider the lilies of the field, how they grow.  
They neither labor nor spin."  
"The kingdom of God is within you."  
"You are the light of the world."  
"Wisdom comes with the ability to be still. Just look and listen."  
"Do not remember former things or the things of old."  
"For if you forgive others their trespasses, your heavenly Father will also forgive you."  
"Above all, clothe yourselves with love, which binds everything together in perfect harmony."  
"To be loved be lovable."  
"If you would reap praise, you must sow the seeds,  
gentle words and useful deeds."

Sister Dorothy Dines Davenport



## OCTOBER SUNDAY SCHOOL SUBJECTS

Sunday, October 2nd - "Stephen Is Faithful to the End"

Lesson Scripture - Acts 6:8-15; 7:54-60

Sunday, October 9th - "Philip Preaches in Samaria"

Lesson Scripture - Acts 8:4-17

Sunday, October 16th - "Philip Teaches an Ethiopian"

Lesson Scripture - Acts 8:26-38

Sunday, October 23rd - "God Welcomes Gentiles"

Lesson Scripture - Acts 10:1-20

Sunday, October 30th - "Peter Escapes Prison"

Lesson Scripture - Acts 12:1-16

## NOVEMBER SUNDAY SCHOOL SUBJECTS

Sunday, November 6th - "Paul Meets the Lord"

Lesson Scripture - Acts 9:3-18

Sunday, November 13th - "Lydia Demonstrates Faithfulness"

Lesson Scripture - Acts 16:6-15, 40

Sunday, November 20th - "Priscilla and Aquila Serve Together"

Lesson Scripture - Acts 18:1-4, 18-21, 24-28

Sunday, November 27th - "Paul Says Good-Bye"

Lesson Scripture - Acts 20:17-28, 36-38

Join Us for Sunday School...All Are Welcome!

Deacon Wylie D. Powell, Superintendent

## A WIN WIN SITUATION



YOUTH members of Mount Horeb, I am going to explain why you should invest in the Mount Horeb Federal Credit Union. The reason - the youth win! When you invest money in the Credit Union you get money for your money. For example, say I have

\$100.00 and I put it in the Credit Union. In a year I would get 2% interest which in this case is \$2.00. Even though it may not seem like much, it builds up. And what's even better is that the Credit Union has a higher interest rate than most banks.

The Credit Union wins too, but that is not very interesting, maybe I'll explain later. Investing also helps you budget your money instead of spending it all. I suggest you do what I do which is putting half of everything I get like from birthdays or Christmas into my account. So if you have something big you want to get, you can get it. I've gotten over \$1,000.00 this way. Thank you for reading my article, and if you haven't already, open an account with the Mount Horeb Federal Credit Union today!

Submitted by Sister Sarah M. Turner

## FROM THE CREDIT UNION

Sunday, October 23, 2005 will be the last day to pay into your Christmas savings account for this year.

You may pick up your Christmas savings check from the Credit Union on Sunday, November 6, after each worship service.

We enjoy the opportunity to serve you.

Have a blessed and happy Thanksgiving.

Submitted by Sister Vivette Marr

## “TOO BUSY TO GIVE THANKS”

(Numbers 21:5)



This season we express our special gratitude. If we are to give thanks as we ought, this must be done out of a struggle. The truth is that it is not easy to give thanks.

There are those whose cup is full. Enjoying many material blessings, yet they find it hard to give thanks. Some who have been blessed of life will find no cause for thanksgiving. They are too busy living to pause to give thanks.

This mood which fell upon the Israelites brought them Divine punishment. Such is the danger of a full cup. Israel forgot and was punished for her thanklessness.

There are those, who like the Israelites in the text, will find their cups empty. They will also find it hard to give thanks.

The Apostle Paul was afflicted in his body. We know that he called it “a thorn in the flesh.” But God provided him some help, his presence, his love.

Gratitude is a test for trust. Do we continue to trust God when we are baffled by the events of the world, or when we are wracked by pain or disease, or when misfortune fall upon us.

Job rose above his misery to say, “though he slay me, yet will I trust him.”

Jesus Christ, our Lord, “He took the cup and gave thanks.” What did that cup mean to Him? Nails ripping through the flesh of His hands, a spear tearing loose the flesh, and death at the age of thirty-three. But He took that cup and gave thanks.

In this Thanksgiving Season, I trust that we will not be too busy to thank God for all of His blessings.

*Pastor Cooper*

## EDITORIAL

Merci. Gracias. Dankie. Thank you. Whether you speak French, Spanish, Afrikaans or English, the intended meaning is virtually the same. No matter what language you speak, an expression of gratitude is a reflection of your feeling about what someone else has



done for you or said to you. Often you reciprocate in some way by returning the favor in kind or in deed. If a friend or relative buys a birthday present for you, in turn, you may purchase a gift for his birthday. Usually there is mutual satisfaction when you know your efforts are valued.

Throughout the Thanksgiving season, let us reflect on the blessings we have received thus far this year. We have had sufficient rainfall, sunshine and no major disaster hit our metropolitan area. Regrettably, many people in several states have suffered and many still have unmet needs. Most of us have responded positively to the devastation of Hurricane Katrina. What more is needed? Our daily prayers for restoration of hope and any other contributions we can afford.

We have a God who cares for us and provides for our every need. What do we present to Him in return for His bounty? Are we sharing our time and talents? Do we offer Him what is required of us? We may be content with having our needs met but time and again a lot of our "wants" are supplied. Now, let us pause and give some consideration as to whether our Father is pleased with our praise and thanksgiving.

Not only must we consider whether we appropriately honor the Father, but we must also give proper praise to our loved ones. "Good job, thanks" or "I really appreciate what you did." Both expressions are valued. You may never know how much it means to the recipient. But go ahead anyway - make someone's day!

*Happy Thanksgiving!  
Sister Bernice Perry Perkins, Editor*

## THE CHURCH-WIDE FALL FESTIVAL



On Saturday, October 1, 2005, from 11:00 a.m. to 4:00 p.m., the Department of Christian Education will continue the proud tradition of hosting the Annual Church-Wide Fall Festival. This event allows

members of the Church Family and friends and the neighboring community to gather together to share in praise, worship, fellowship and friendship as we bring closure to the summer season and usher in the fall season. The festival has been an annual event since 1996.

Along with Trustees Gerald Anderson and Janice Coles, Fall Festival chairperson and co-chairperson, respectively, and the Fall Festival Committee, Church auxiliaries and groups are working together to make this an enjoyable day for everyone. The festival usually opens with an indoor program of singing, praying, scripture reading, liturgical dancing and praise.

There will be all kinds of indoor and outdoor activities and delicious food for everyone, from the very young to the seasoned adults. After you have eaten a delicious meal, there will be tables of tasty desserts and other goodies on which you can feast your eyes and enjoy all day long. There will be plenty of popcorn and snow cones for you to munch on throughout the day also. You will love the display tables of beautiful arts and crafts, stained glass, quilting and other unique items. You will also find health, physical fitness and safety information; educational and interesting materials for parents and children; and historical information about our Church. The Metropolitan Police Department is expected to be there with their horses and provide demonstrations. You can also expect to see and hear from other community and city officials.

There will be various fun carnival activities, door prizes and games for children of all ages, including the Moon Bounce for the young will be offered. Last year, children had fun on go-cart rides. This year, Trustees Anderson and Coles expect to offer bingo games with prizes for the first time. This is the second year this duo provided leadership for the festival.

So come on out, enjoy the festivities and bring your family and friends!

Sister Estella Boseman, Reporter

*O come, let us sing unto the Lord: let us make a joyful noise to the rock of our salvation. Psalm 95:1  
Not what we say about our blessings, but how we use them, is the true measure of our thanksgiving.*

## FASHIONETTA 2006



Sister Deanna Easley, a young pianist at Mount Horeb, is participating in the "Fashionetta 2006" Debutante Cotillion sponsored by Xi Omega Educational Foundation's Scholarship Fund of Alpha Kappa Alpha Sorority.

Deanna is a young lady who has given her time and talent in providing us with wonderful music.

The Cotillion is an event to formally introduce Debutantes and to raise funds for college scholarships. Members and friends of Mount Horeb are being asked to show their Christian love for Deanna and to support her financially in this activity. All donations are tax deductible. For further information, please contact Sister Tanya Easley at the number listed in the church directory.

## MHBC Choir Members Help Celebrate McKinley High School 40Year All-Class Reunion

In early July Debra Datcher, MHBC member and Inspirational Choir Directress was asked by Dr. Andre H. Owens, Pastor of St Phillips Baptist Church and former Spiritual Advisor and Visionary Faculty at McKinley High School (1965-1986) to organize, unite and direct a special choir performance in August, which would be comprised of former McKinley High School graduates from the Classes 1965-1986. Debra graciously accepted and immediately began the task of contacting as many McKinley High School graduates as possible while simultaneously initiating rehearsals in preparation for the August performance.

With less than 5 weeks to contact, organize and prepare for the August 14, 2005 performance the success of reaching enough graduates to form the special choir proved a great challenge. Debra remained focused and committed to forming the special choir, requesting assistance from MHBC Choir members to participate in the 40 Year All-Class Reunion Celebration. MHBC Choir members participating included Dwight Datcher, Gary Datcher, Joan Harris, Duane Harris (Bass Guitar), David Powell (Pianist), Renaire Rivers, Linda and Robert Stroud, Lionell Thomas, and Donna Thurston.

On August 14, under the directress Debra Datcher, MHBC choir members, and McKinley High School graduates performed at the St. Phillips Baptist Church, one of Washington, D.C.'s historical landmarks, located at North Capitol & K Streets N.E. The performance rendered by the MHBC Choir members and McKinley High graduates was heart warming and inspirational to all in attendance.

Special thanks to all MHBC Choir members participating!

Submitted by Sister Amanda McDuffie

## MOVING TO HIGHER GROUNDS

### "Minister of Music"



Sister Avis Lynette Balkcom-Williams began her musical training in her hometown of Bridgeport, Connecticut. Her mother wanted to stay home to raise Avis, who was about 7 years old and her brother, Alston, about 2. Mrs. Balkcom had limited musical training and considered herself a "closet musician." She only played when alone or when immediate family was present. As an experiment, Mrs. Balkcom taught Avis and offered free private lessons to a few children in the neighborhood. The experiment was so successful, Mrs. Balkcom became known as the neighborhood "piano lady" and she began charging a fee for lessons.

Avis was a very good student, but only wanted to play by "ear" the songs she heard on the radio. She wanted to quit lessons, but her mom said, "When you reach third grade piano music, you can quit." Her mom knew that if Avis could play third grade music, she would be able to play hymns and read music fairly well, even though she would not be able to play the great classical masterworks. Avis practiced diligently looking forward to the day she could quit. When Avis was finishing the third grade lesson book, her mom sent her to a Morry LoPinto Studio for more advanced training. Riding the bus alone to the lessons was a big thrill for Avis, so she continued her lessons, going on to college to major in Music. Avis attended Howard University, receiving her Bachelor of Music Education and Master of Music degrees. She also completed one year of Doctoral Studies in piano at the University of Maryland, College Park. She also plays flute, saxophone and is learning to play the banjo (so much talent).

While attending Howard University, Avis began playing at Mount Horeb at the suggestion of Brother William "Bill" Hawkins, whom she met while playing for the Senior Choir at Mount Moriah Baptist Church (DC). Brother and Sister Hawkins adopted Avis as their godchild. During her tenure of more than twenty years, Avis has played for various choirs at Mount Horeb. She has also played during this tenure for several other churches including East Washington Heights Baptist Church.

Avis and her musician husband, Macon "Brom" Williams, have three children, Xiomara, Seth and Severina. Avis is teaching all of them to play the piano, drums and sing. Avis says, "If you live in this house, you are going to have to play something!"

Avis has accepted a position as "Minister of Music" at East Washington Heights (DC). Avis says she is grateful to the Mount Horeb family for embracing her and her family as well as the spiritual influence Mount Horeb has had on her life. She hopes she has touched the hearts of her fellow Christians through her music. Make a joyful noise unto God all ye lands. Sing forth the honour of his name, make his praise glorious.

Submitted by Sister Dorothy Hunter

## A SALUTE TO COLLEGE GRADUATES

### "Robert Lee Anderson II"



Brother Robert "Robye" Lee Anderson, II graduated from Howard University in May with a BA degree in Political Science and minor in Film Production.

As a member of Mount Horeb, Robert and his parents, Brother Robert and Sister Rosa Anderson, Sr., hosted an appreciation celebration program at Mount Horeb. Robert thanked the entire Church Family for prayers and guidance. The Mistress of Ceremony was Sister Barbara Cook, Robert's Bible School teacher. We thanked her for a fine job along with Sister Eliza Stevens, Sister Iris Wilson and Deacon Thomas for their assistance in the program.

Pastor and Sister Cooper, along with many other members, are thanked for much assistance provided. Robert is proud to have had the experience of serving and benefiting from the Scholarship Committee, Sunday School, Library, Credit Union, Nursery, Junior Usher Board, the UPDATE, Communion Service Collection, Membership Committee and Vacation Bible School.

While at Howard, Robert was a writer for the "Hilltop" newspaper, Co-chairman Alpha Phi Alpha - Brother to Brother Conference and member of the Student Government Association. He loves his Church and asks for continued prayers as he begins his career.

*Gratitude is the inward feeling of kindness received. Thankfulness is the natural impulse to express that feeling. Thanksgiving is the following of that impulse.*

## CHURCH-WIDE RETREAT



On Saturday, September 17, 2005, Mount Horeb hosted its annual all day Church-wide Retreat in the Mount Horeb Fellowship Hall Annex. The theme "Being Obedient to the Appointed Authority" was an exciting event in which all groups participated. The sessions were disseminated into three groups--One for the men, lead by Rev. Everett R. Pierson, Pastor, Resurrection Baptist Church; one for the women, led by Sis. Bette McLeod, Greater Mount Nebo AME Church; and one for the youth, led by Rev. Kevin J. White, Pastor, Threshing Floor Deliverance Baptist Mission.

Submitted by Sister Anna Hartsfield

*It is a good thing to give thanks unto the Lord, and ... To show forth thy lovingkindness in the morning, and thy faithfulness every night. Psalm 92:1-2*

## DEACONS' REPORT

### Highlights~~Deacon Wylie Powell



In this issue of the Update, the Deacons are happy to highlight Deacon Wylie Powell for his labor in the vineyard and his many years of dedicated service to our Mount Horeb Church Family.

Deacon Powell became a member of Mount Horeb in 1949 and was ordained a Deacon on January 11, 1987. He never looked back, putting his hands to the plow of work, duty and service to the Lord.

He is our Sunday School Superintendent, a member of the Official Board, Treasurer of the Deacon Board, a member of The Chancel Choir, an Officer of the Credit Union, a former Sunday School Teacher and a former SHARE worker.

On the second and fourth Thursdays, Deacon Powell conducts a Sunday School Teacher's Class at 6:30 p.m. in the Deacons' room. It is here that the teachers work out any difference of opinions we may have concerning our Sunday School lessons. These are fine-tuning sessions. In these sessions, we look to Deacon Powell for his leadership skills. He has a wealth of knowledge and wisdom. He asks his teachers not to merely read our Bibles, but to study them. By the way, he is not a fan of commentaries. (Smile)

He loves the Lord and emphasizes that a Christian must have a personal relationship with God.

Deacon Powell is a leader of integrity and someone to respect and depend on.

The Deacons and the Sunday School Teachers look forward to working with Deacon Powell for many more years to come. May God continue to bless and strengthen him for many more years of service to our Mount Horeb Church Family.

"That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God" (Colossians 1:10).

Deacon James L. Paschall, Reporter

## DEACONS'

### Oversight Membership Changes

(1) Deacon Wylie Powell has assumed the "Oversight Membership" duty responsibilities of Deacon Carwin Walker which include surnames DOBSON - GEORGE. Deacon Walker has moved to Tennessee.

(2) Deacon James Boseman has temporarily assumed the "Oversight Membership" duty responsibilities of Deacon John Jones which includes surnames BROWN - CLARK. Deacon Jones is convalescing at home. Upon his return to church, he will resume his duties.

"For God is not unrighteous to forget your work and labor of love, which ye have shown toward his name, in that ye have ministered to the saints, and do minister. And we desire that every one of you do show the same diligence to the full assurance of hope unto the end" (Hebrews 6:10-11).

Deacon James Boseman, Chairman Deacon Board

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## DEACONESS' REPORT

"I also labor, striving according to His working which works in me mightily" (Colossians 1:29).

On August 23, 2005, Mount Horeb Baptist Church held a Baptismal service. The evening began with a prayer service of worship and praise. The many testimonies, prayers and songs were uplifting and inspiring. The Morning Echoes provided the music for the evening. Many members and friends were in attendance as our Church Family welcomed into a life of service to the Lord the following individuals:

Sisters Yvonne B. Reeves, Elizabeth Tutt, Shernita Tutt and Brothers Tevin L. Bethea (youth), Christian A. Campbell (youth), Carlton J. Edley (youth) and John Proctor.

After the Baptismal ceremony, Pastor Cooper made a few remarks and the youth candidates told a little of what they learned in their classes. The baptismal candidates were joined by Brothers Lewis Horton and Charles Hunter, Jr. who were being restored, as they all received the right hand of fellowship from those in attendance. It was a blessing to see so many new souls give their lives to Christ.

The Deaconess Board participated in the monthly Bingo game at the Washington Center for Aging Services on Saturday, August 27, 2005. As part of our activities to support and encourage the residents in the wing of the facility that we adopted three years ago, we regularly visit and volunteer as needed. We were all blessed as we assisted the staff and residents in this lively social activity. It was a fun-filled afternoon of fellowship. The residents enjoy this activity and the staff makes it possible for everyone to get a chance to win. Continue to pray for us as we strive to do the work of the Lord.

Deaconess Shari Campbell, Reporter

## BLESSED THE WORLD IS MINE

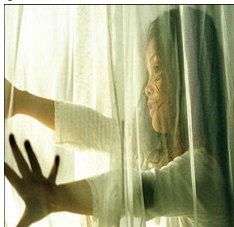
Today, upon a bus, I saw a very beautiful woman  
And wished I were as beautiful  
When suddenly she rose to leave,  
I saw her hobble down the aisle.  
She had one leg and wore a crutch.  
But as she passed, she passed a smile.  
Oh, God, forgive me when I whine.  
I have two legs; the world is mine.



I stopped to buy some candy.  
The lad who sold it had such charm.  
I talked with him, he seemed so glad.  
If I were late, it'd do no harm.  
And as I left, he said to me, "I thank you,  
you've been so kind.  
It's nice to talk with folks like you.  
You see," he said, "I'm blind."  
Oh, God, forgive me when I whine.  
I have two eyes; the world is mine.



Later while walking down the street,  
I saw a child I knew.  
He stood and watched the others play,  
but he did not know what to do.  
I stopped a moment and then I said,  
"Why don't you join them dear?"  
He looked ahead without a word.  
I forgot, he couldn't hear.  
Oh, God, forgive me when I whine.  
I have two ears; the world is mine.



With feet to take me where I'd go.  
With eyes to see the sunset's glow.  
With ears to hear what I'd know.  
Oh, God, forgive me when I whine.  
I've been blessed indeed, the world is mine.



If this poem makes you feel thankful, just  
pass it to your friends. After all, it's just a simple  
reminder that we have so much to be

**THANKFUL FOR!**

Author Unknown

*Being thankful doesn't take dollars, but it does take sense.*

## OFFICERS' DAY 2005

Officers' Day is a day set aside for the Officers of the church. The theme for the day was "LETTING YOUR LIGHT SHINE" from Matthew 5:16.

The Officers serve the church by performing all duties required to handle the business or financial and the spiritual sides of the church.

The morning message by Pastor Cooper was inspiring, saying "God is always the same. He does not change."

The afternoon program featured Rev. J. Michael Little, Pastor of Friendship Baptist Church. He was a dynamic speaker with an exciting message that came from the Book of Esther 4:14. He said, "God can make changes if He wants to and He gives us the opportunity to let our light shine. As we hear the Word, we should not keep it to ourselves; we should go out and share it and live it."

Rev. Little brought along his choir and a large number of his members who seemed to have enjoyed themselves.

A second highlight of the afternoon was presentations made by Trustee Williams to Rev. Rufus Nix, Bro. Sippio Dunmore and Trustee Robert King for outstanding and dedicated services. The three recipients are most deserving of their awards, for-- they are very humble, sincere hardworking servants for the Lord.

Chairperson, Deaconess Shari Campbell, said in her closing remarks that Rev. Little gave us our "Marching Orders." She and her co-chairs, Deacon Stanley Battle and Trustee Gerald Anderson, put together a beautiful afternoon program which was enjoyed by all. The chairs of each Board, Deacon Boseman, Deaconess Dawkins and Trustee Williams gave remarks and introduced their members.

A delicious meal was served after the 10:30 a.m. worship service and enjoyed by all.

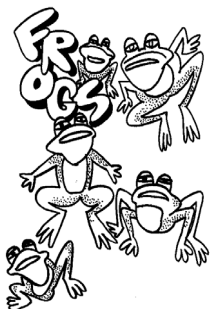
Submitted by Trustee Janice H. Coles

## LIBRARY REPORT

The Library is now located adjacent to the Mount Horeb Credit Union office. We are seeking help in sorting and placing books on shelves. If you can volunteer, please leave a contact number in the Church Office. We look forward to exciting events and activities in the coming years.



## LIFE'S LESSON NO. 1



There once was a bunch of tiny frogs who arranged a running competition. The goal was to reach the top of a very high tower.

A big crowd had gathered around the tower to see and cheer on the contestants. The race began. Honestly, no one in the crowd really believed that the tiny frogs would reach the top of the tower. You heard statements such as "Oh, WAY too difficult!!" "They will NEVER make it to the top." Or "Not a chance that they will succeed. The tower is too high!"

The tiny frogs began collapsing. One by one, except for those, who in a fresh tempo were climbing higher and higher. The crowd continued to yell, "It is too difficult!!! No one will make it!"



More tiny frogs got tired and gave up. But ONE continued higher and higher and higher. This one wouldn't give up! At the end everyone else had given up climbing the tower except for the one tiny frog who, after a big effort, was the only one who reached the top!



THEN all of the other tiny frogs naturally wanted to know how this one frog managed to do it. A contestant asked the tiny frog how he had found the strength to succeed and reach the goal. It turned out that the winner was DEAF!!!!

The wisdom of this story is:

Never listen to other people's tendencies to be negative or pessimistic because they take your most wonderful dreams and wishes away from you -- the ones you have in your heart! Always think of the power words have.

Because everything you hear and read will affect your actions!

Therefore: ALWAYS be...POSITIVE! And above all: Be DEAF when people tell YOU that you can not fulfill your dreams! Always think: I can do this!

*An optimist is a person who starts a new diet on Thanksgiving Day.*

## I Know Something Good About You

Wouldn't this old world be better,

If the folks we meet would say:

I know something good about you,

And then treat us just that way!

Wouldn't it be fine and dandy,

If each hand-clasp warm and true

Carried with it this assurance --

I know something good about you!

Wouldn't things here be more pleasant,

If the good that's in us all

Were the only things about us

That folks bothered to recall!

Wouldn't life be lots more happy

If we'd praise the good we see!

For there's such a lot of goodness

In the worst of you and me.

Wouldn't it be nice to practice

This fine way of thinking too;

You know something good about me,

I know something good about you!

---

### WORLD PEACE

By Anika Bell

School and Classroom Program Participant

What the world needs is Peace.

Without it troubles will not cease.

Peace starts in the heart, soul and mind.

Without peace, true happiness we will never find.

Peace begins at home.

Then peace itself will start to roam.

Roam from me to you and you to me.

Then others will catch on and see.

Peace is a cycle that once begun,

It is a cycle that will never be undone.

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*Continue in prayer, and watch in the same with thanksgiving. Colossians 4:2*



## CARRY ME THROUGH

Carry me through today, Lord,  
 With Your gentle wings from above,  
 Carry me through today, Lord,  
 Let me feel Your love.  
 I shall not worry about tomorrow,  
 Yesterday is gone.  
 Just carry me through today, Lord,  
 That's where I belong.  
 Through all my trials and troubles,  
 I know that You are there;  
 Sometimes it's hard to see You  
 Through each tear and care.  
 Carry me through today, Lord,  
 Don't let me slip away.  
 Tomorrow may be taken from me,  
 So carry me through today.

Margaret Wildflower

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HAPPY  
 THANKSGIVING

## MY MORNING PRAYER

"This is the day the Lord has made; let us rejoice and be glad in it" (Psalm 118:24). "O God, for another day, for another morning, for another hour, for another minute, for another chance to live and serve Thee, I am truly grateful."

Do Thou this day free me

from all fear of the future,  
 from all anxiety about tomorrow,  
 from all bitterness towards any one,  
 from all cowardice in face of danger,  
 from all laziness in the face of work,  
 from all failure before opportunity,  
 from all weakness when Thy power is at hand.

But fill me

with Love that knows no barrier,  
 with Sympathy that reaches to all,  
 with Courage that cannot be shaken,  
 with Faith strong enough for the darkness,  
 with Loyalty to Thy Kingdom's goal,  
 with Wisdom to meet life's complexities,  
 with Power to lift me to Thee.

Be Thou with me for another day, and use me as Thou wilt. For Christ's sake I pray. Amen.

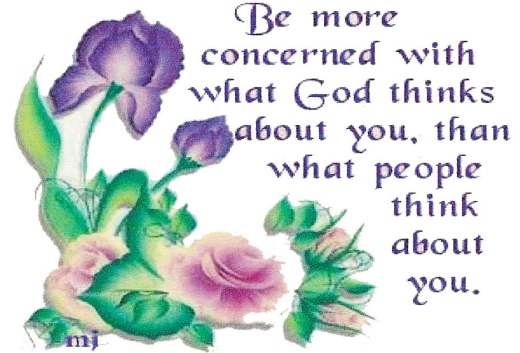
## OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH

Regular screening for breast cancer is an important part of your health plan. If you have a history of breast cancer in your family, discuss mammography screening guidelines and scheduling with your health care provider.

For further information on mammography or issues related to breast health or breast cancer, call the American Cancer Society at 1-800-ACS-2345 or visit the Internet site at [www.cancer.org](http://www.cancer.org).

### Prayer Concern:

Thank God for the ability to give of ourselves to serve others.  
 Deacon James Boseman,  
 Chairman Deacon Board



### Order Of Service

#### Sunday

7:30 a.m. and 10:30 a.m. ....Worship Services  
 Fourth Sunday.....Holy Communion  
 9:00 a.m. ....Sunday School

#### Tuesday

7:30 p.m. ....Prayer Service

#### Wednesday

10:30 a.m. ....Bible Study  
 12 NOON .....Prayer Service

#### Saturday

12 NOON .....Youth & Adult  
 Bible Study

## November is

## American Diabetes Month

Are You overweight? Do you rarely exercise? Are you age 45 or older? Does someone in your family have diabetes? Did you have a baby weighing more than 9 pounds at birth?

If you are African American and answer yes to any of these questions, you may be at risk for developing diabetes. Only a doctor can determine if you have diabetes. If you are at risk, see a doctor and find out for sure. Call the American Diabetes Association at 1-800-342-2383 for free diabetes information.